

## 2011 LENT NOTES FROM THE LEPROSY MISSION

### Our Five Senses



Thank you for using these notes for Lent from The Leprosy Mission. We hope you find them useful and a blessing as part of your preparation for Easter.

Our theme is our five senses – sight, hearing, taste, touch and smell – and along the way we pause to marvel at our Creator’s handiwork. Perhaps the key Bible verse for all the studies is from Psalm 139:14, “I praise you because I am fearfully and wonderfully made.” We chose our theme, among other things, as a reminder of the impairment of the senses experienced by those with leprosy, an impairment that damages and diminishes their lives so drastically.

Each of the five studies stands alone, so you can use them in whatever order you prefer. For two of the studies (taste and hearing) you will need to do some preparation, and this is outlined for you at the top of the first page of each study. They are mainly designed for group study, and we would recommend they be used this way, but of course can be used by those working alone, with appropriate adjustments.

Please don’t feel you have to complete every study. Just go at a pace that your group is comfortable with and stop when your time is up. It’s supposed to be enjoyable! A suggested outline for your time together is

**Social time** – have a coffee and chat for ten minutes at the start

**Worship** – perhaps sing a couple of songs and/or pray together

**Study** – work your way through the notes at your own pace

**Closing prayer**

We hope this Lent will be a special one for you as we renew our focus on the Lord, his death and resurrection, and become once again “lost in wonder, love and praise”.