



NEPAL-THEMED CHILDREN'S ACTIVITIES

(SUITABLE FOR AGES 5-11)

WHAT IS LEPROSY?

TRUE OR FALSE?

1. Leprosy is a disease that causes limbs to fall off.

FALSE – if left untreated, leprosy causes loss of feeling in the hands and feet. When you can't feel then it is easy to injury yourself or become disabled.

2. Leprosy cannot be caught by touch.

TRUE – touching someone with leprosy is entirely safe. Sadly, many people around the world do not know this and so they treat those affected by leprosy badly.

3. Leprosy is common in countries where there is poverty.

TRUE – it is easier to catch leprosy if you do not have a strong and healthy body. People who are poor and who might not have healthy food, good housing and clean water, are at greater risk of the disease.

4. Every two minutes someone new is diagnosed with leprosy.

TRUE - in 2020, there were 127,558 new cases diagnosed in the world.

5. Leprosy is not curable.

FALSE – amazingly, leprosy has been curable since 1982! People with the disease must take a course of tablets to make them well again.

THE LIGHT GAME



MATERIALS NEEDED:
A DARK BAG
VARIOUS OBJECTS



- Secretly put the objects into the bag. Tell the children you are putting something into the darkness inside the bag.
- Keeping hold of the bag, invite the children in turn to feel inside and see if they can tell what the object is. Try not to let on what it is, even if someone guesses correctly.
- When everyone has had a turn, say that you are going to bring the object out 'into the light' so that everyone can see it. Repeat the game with the other objects.
- Talk together about the way in which the light lets us see. Without the light people would not be able to see anything at all. Explain that we need to be the light of the world, and show Jesus to the world, by our actions, behaviour, and the way we live.
- Now, read through the story of Alina on the next page. How has the light has found its way into her life?



MEET ALINA

This is the story of Alina, a 13-year-old girl who lives in Nepal.

"Hi, my name is Alina. I live in Nepal, a country in Asia with lots of mountains. I am very happy now, but it wasn't always like this."

When I was little, I found out I had leprosy: when I would touch things with my hands or feet, I could not feel whether what I was touching was hot, cold, hard, or soft.

Can you imagine not feeling it if you touched something? Sometimes I would burn myself and not know it because I could not feel the heat. People started to treat me differently because of my leprosy, even my family. It was very hard for me. But one day I came to a hospital run by The Leprosy Mission. When I arrived there, doctors and nurses gave me big smiles and made me feel special. Amazingly, I was given a cure for my leprosy, but that's not all: I was shown love and care. It made me smile and gave me hope.

My family are Christians and my dream now is to go to Bible College, so that others can help people come to know the light of Jesus that I have come to know. My dream is based on my favourite Bible verse from Matthew 28, when Jesus tells his followers to 'go and make disciples of all nations'.

Did you know that you can share that same light too? There are lots of people in my country who have leprosy. I want them to experience the same love and care that I have.

Can you think of how you might help them, and how you can share the light of Jesus with them?

ALINA'S FAVOURITE BIBLE VERSE

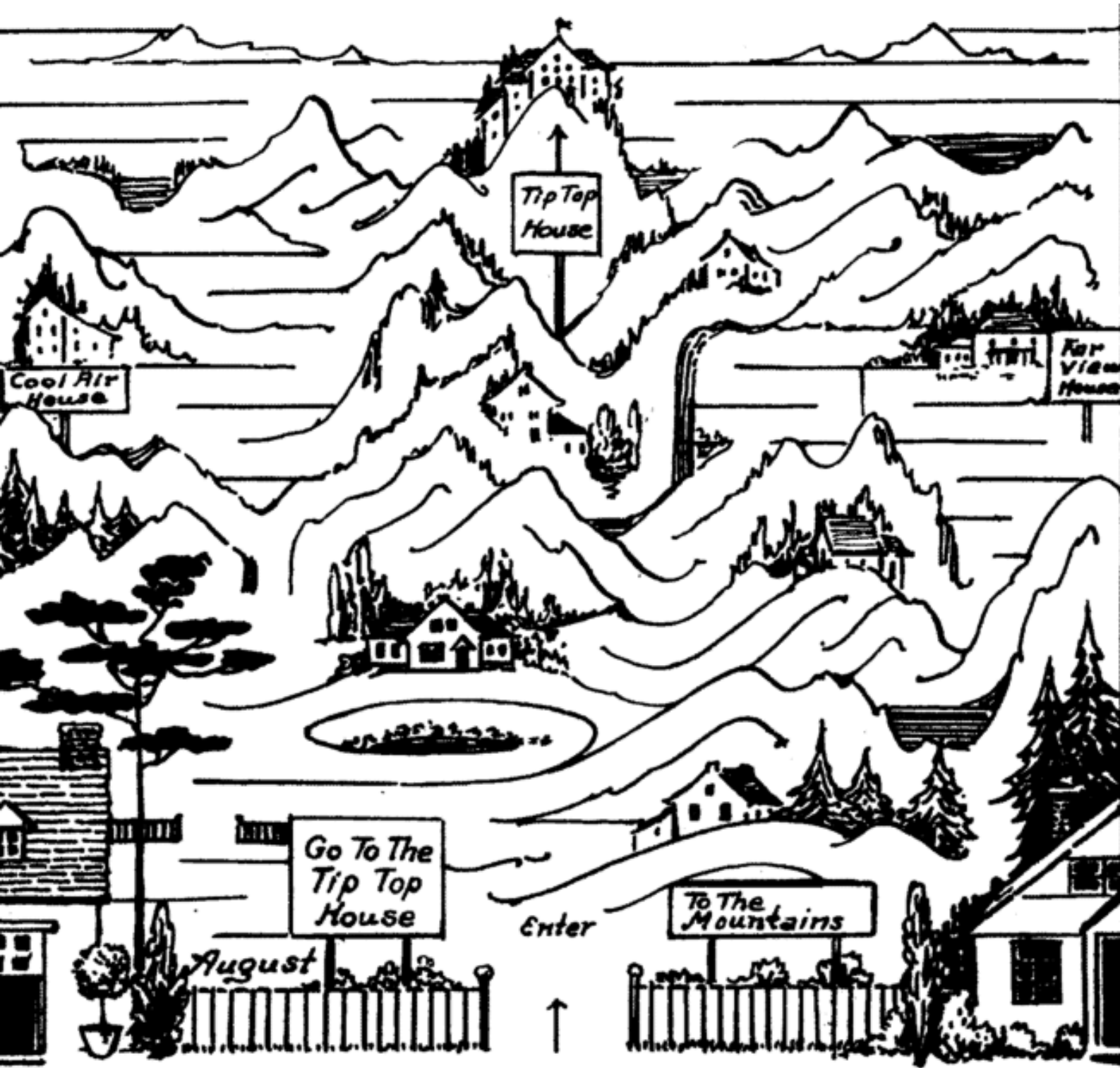
Therefore go and make disciples of all nations,
baptising them in the name of the Father and
of the Son and of the Holy Spirit,
and teaching them to obey everything

I have commanded you. And surely I
am with you always, to the very end of the age."

Matthew 28:19-20

COMPLETE THE MAZE

Make your way through the maze to reach The Leprosy Mission hospital at the top of the mountain!



LIGHT OF THE WORLD LIGHTHOUSE

Jesus tells us he is the light of the world and that we don't have to be afraid of the darkness. Let this lighthouse be a reminder that Jesus is light and that He calls us to 'be the light' too.



Materials needed:

- Red plastic cup
- Transparent white plastic cup
- White paper
- Black permanent pen
- LED flame candle

Instructions

- Turn the red plastic cup upside down and write 'Jesus the light of the world' near the rim, using the black permanent pen
- Cut two strips 3-4cm in width, and wrap each one around the cup, leaving a 2cm gap between each. Use the pen to colour in windows
- Place the LED flame candle, switched on, on top of the upturned red plastic cup
- Turn the white plastic cup upside down and place on top

' When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

John 8:12 (NIV)

I CAN BE GOD'S LIGHT TODAY!

Four of the pictures show situations in which a child is making people happy. Talk about each picture and help your child to recognise what is happening in each scene. Make the connections obvious: for example, 'The baby is happy because his brother is playing with him and making him smile. Colour in the pictures where a child is making others happy. What about the other picture? What is happening there? What would make them both happy?

Jesus talked about his followers being 'light for the whole world'. He wants us to show the whole world that we belong to God's family by doing things which are good and positive. With support and encouragement they can learn to know, in their own ways, what it is like to 'light for the whole world'.



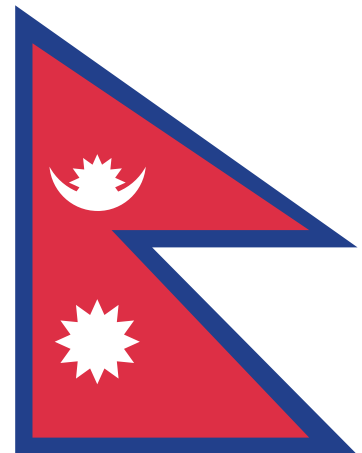
PRAY

Dear Jesus, please help me to do kind things that make people happy.



LEARN ABOUT NEPAL

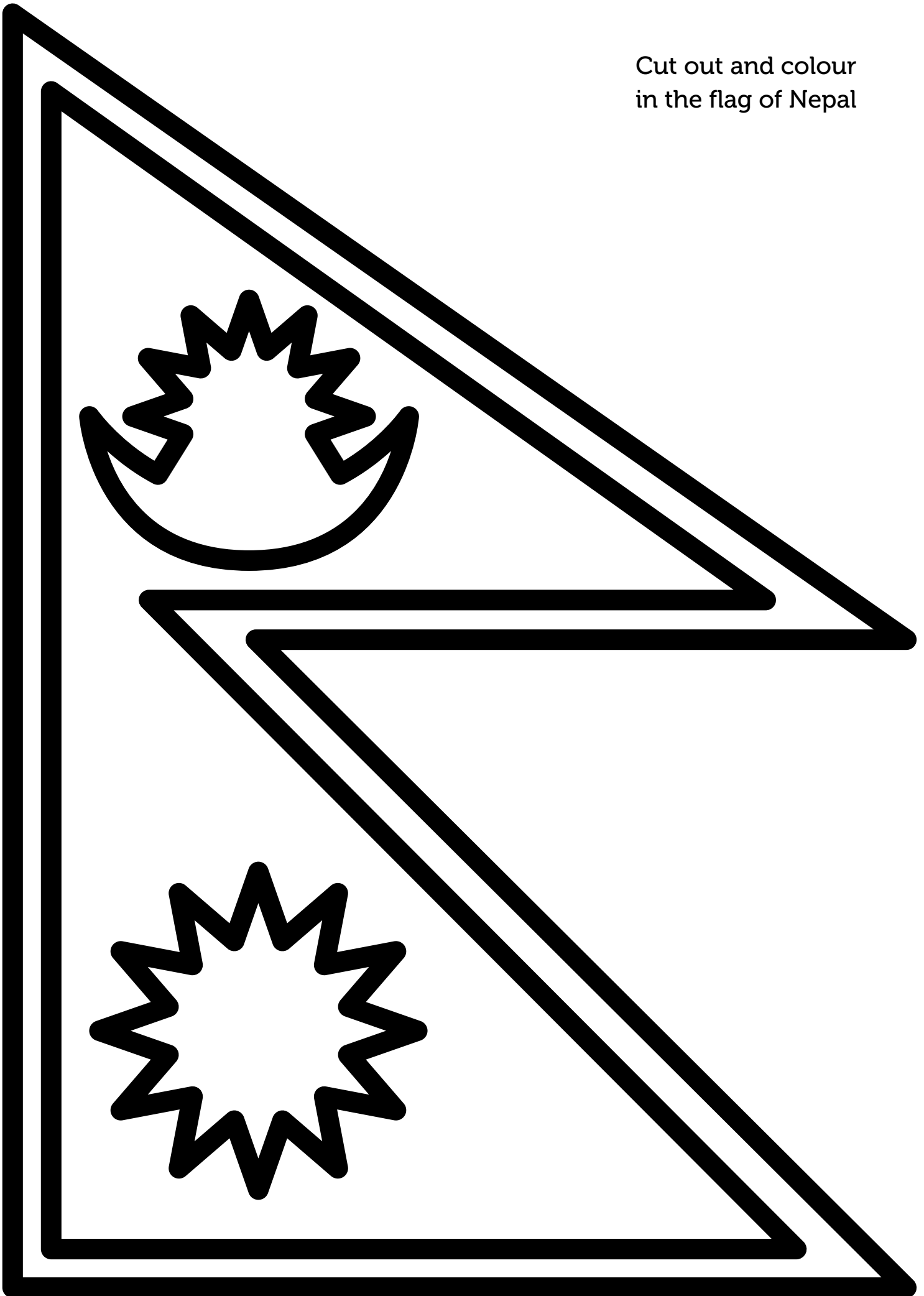
1. Use the facts on this page to show where Nepal is in Asia, and to understand how people affected by leprosy live.
2. Colour in the flag of Nepal on the following page (an image of the flag is below to help you!).



FACTS ABOUT NEPAL

- Population: 29,674,920
- There are 129 different languages spoken in Nepal. The main language is called Nepali or Nepalese
- Nepal is famous for the tallest mountain in the world: Mount Everest
- The traditional way to greet people in Nepal is "Namaste."
- Nepal is the only country in the world to have a flag that is not rectangular
- The country was hit by terrible earthquakes in 2015
- One in four people in Nepal have less than 50p a day to live on
- 45 per cent of children do not finish primary school

Cut out and colour
in the flag of Nepal





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